

# FOOD ALLERGIES

## *React with Respect*



**Some kids can get very sick when they eat certain foods. This is called a food allergy. If someone tells you they have a food allergy, you should *react with respect*.**

**How do you respect food allergies?**

**Know  
that food  
allergies are  
very serious**

**Wash your  
hands  
after eating**

**Don't share  
your food  
with friends  
who have  
allergies**

**Get help  
right away if  
a friend gets  
sick**

**Show  
kindness**



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• REACT WITH RESPECT •  
**FOOD ALLERGY  
AWARENESS WEEK**  
MAY 8–MAY 14, 2016



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